



2023 Wellington Secondary Schools Underwater Hockey Competition

The competition is based at the WRAC and open to all schools in the Wellington region. Schools are required to assist in the running of the competition through duty allocation and senior refereeing.

Date/Time: Tuesday and Friday evenings
Venue: Wellington Regional Aquatic Centre (WRAC)

Wellington Secondary Schools Parent Support Committee

To assist with organising Competitions and improving communication with schools, the Wellington Underwater Hockey Association is seeking one parent volunteer per school to be a member of the Secondary Schools Committee. Schools should contact WUHA vice president Tristan@nzua.org.nz. The key goal to grow the size of the secondary school league to utilise Naenae Pool in 2025..

Preseason League

Date: 28 March till 7 April 2023

Preseason League: This 'have a go' preseason league comes at no cost (only pool entry). This a great chance to give new players an opportunity and for teams to run trials to establish teams moving forward. There will be some gear available to borrow on the night.

Preseason Blitz Competition

Date: 31st March to 9pm 1 April 2023

Grades: Year 9 Girls

Year 9 open

Junior Girls (under 15 at 1 Jan 2023)

Junior Open (under 15 at 1 Jan 2023 - boys or mixed)

Senior Girls (under 19 as at 1 Jan 2023)

Senior Open (boys or mixed)

Cost: \$120 per team

Deadline for entry: 29 March 2023

Tournament designed to allow Coaches to sort teams and referees and officials to develop experience in an event format.

Wellington Secondary Schools League

Date: Term 2 and Term 3 finishing 18th August 2023

Competition starts 1st Week Term 2

Grades: Junior Girls (under 15 at 1 Jan 2023)

Junior Open (under 15 at 1 Jan 2023 - boys or mixed)

Senior Girls (under 19 as at 1 Jan 2023)

Senior Open (boys or mixed)

Teams with all girls must be entered into either Junior or Senior Girls

Cost: Entry fee is \$515 per team (schools will be invoiced for this). Players need to cover pool entry cost upon entry.

Entries: Entries are to be completed online by 12th April 2023, and team lists completed by the 28th April 2023.

Referees: Teams will need to provide at least 4 L1 referees under training.



Central Secondary Schools Championship (NZSS UWH Championship Qualifying)

Open to all secondary School Teams in the Central and Top of South Zones

Date: 23-25 June 2023

Grades: Junior Girls (under 15 at 1 Jan 2023)

Junior Open (under 15 at 1 Jan 2023 - boys or mixed)

Senior Girls (under 19 as at 1 Jan 2023)

Senior Open (boys or mixed)

Teams with all girls must be entered into either Junior or Senior Girls

Cost: Entry fee to be notified by Underwater Hockey New Zealand

Referees: Teams will need to provide 4 qualified L1 referees per team at the tournament.

Website Link: <https://www.underwaterhockeynz.com/events-1/calendar>

Referee Courses

Three CMAS Level 1 referee courses will be held during the year.

All schools should establish who needs to enrol for the referee's course and register them with WUHA.

Once students have been confirmed a place WUHA will confirm students and invoice the school directly.

Dates: March, May

Venue: Theory session- Huia Pool followed by Mini UWH League in water practice. Exam Tuesday following at Wellington Regional Aquatic Centre

Cost : \$85 per person

Link: <https://www.wuha.org.nz/information.html>

Equipment:

Gear required for every game, by all players as per CMAS rules:

- Mask either tempered glass or plastic
- Snorkel –flexible no sharp edges
- Mouth guard – either internal or external
- Glove – strongly contrasting to the puck and the stick (Not orange, pink or yellow)
- Stick –no sharp edges
- Fins – no buckles, no sharp edges.

Wellington Regional Aquatic Centre rules:

The Wellington Regional Aquatic Centre has asked WUHA to update teams on the pool rules.

- There should be no poolside changing.
- The 5m diving pool is out of bounds to all uwh players during school league nights.
- Players are not to walk across the bulkheads. The only time players are allowed on the bulkhead is if they are getting the barriers or goals in or out of the pool.
- A coach or manager is allowed to stand on the bulkhead during the game.
- Only 1 coach is allowed in the water during the game.
- Fins should not be worn while walking around the pool.
- Players should not jump over the bulkhead when moving from the warm-up lanes to the 2m pool.
- The enclosed stairwell area at the end of the pool (by the 5m area) is off limits at all times as it is a fire exit and cannot be blocked.
- Teams can use the birthday area outside of the main pool, near the toddler pool.
- Teams must leave that area as they found it.
- Baby shampoo should not be used in the pool.
- All teams are required to have a pool side first responder during team practices/trainings. The role of the first responder is to get the attention of pool staff should a player or coach become incapacity.